

EN-Dynamic training means optimum exercising for everyone: men-women, elderly -youngsters, beginners-advanced.

After the automatic set-up with the EN-Track chip-card, the ideal body position can be set. In this correct posture the body is supported on essential points. Hereby the exercises are executed in an appropriate way: with correct posture and accurate load. Compensation is limited to a minimum. The units are easily accessible, easy adjustable and because of the EN-Track guiding unambiguous to use. Even individuals without training experience will feel very at ease in your centre.

> **EN-DYNAMIC. FIT THE MEDICAL WAY: IN THERAPY AND IN SPORTS**

- Adjustable from a seated position: the load is set by a simple push on a button
- Provides clear feedback to the user: the force is displayed digitally and the number of repetitions are counted automatically
- The large green letters are also visible for persons with visual limitations
- Manually adjustable
- With the chip-cards, the resistance and number of repetitions are set automatically
- Simple to operate and accurately adjustable
- No unnecessary high peak forces
- Silent during exercising
- Minimal increments are possible, thus accurate setting and smooth progression
- Wide range of load setting: from extremely light to very heavy
- Compact



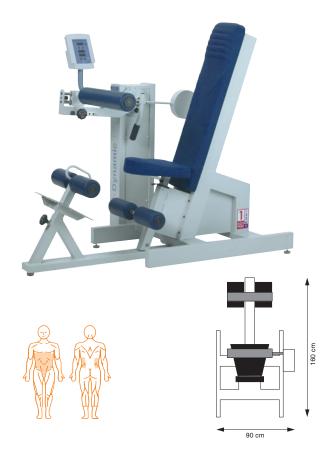
# EN-DYNAMIC TRUNK



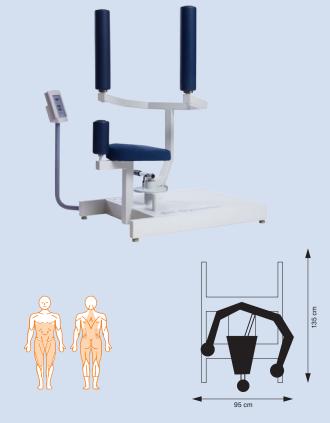
# 1455922 EN-DYNAMIC LOW BACK TRAINER



## 1455924 EN-DYNAMIC ABDOMINAL TRAINER



# 1455936 EN-DYNAMIC ROTATOR



# **UPPER EXTREMITY**











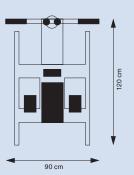
# EN-DYNAMIC UPPER EXTREMITY



# 1455926 EN-DYNAMIC ROWING



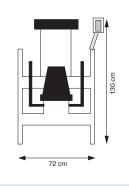




# 1455934 EN-DYNAMIC TRICEPS DIPS

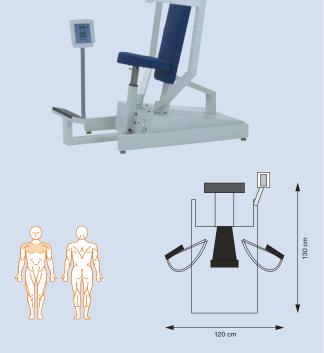






## 1455930 EN-DYNAMIC FLY





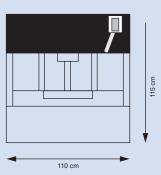
# LOWER EXTREMITY



# 1455931 EN-DYNAMIC TOTAL HIP



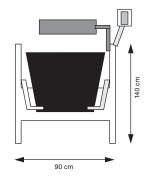




# 1455925 EN-DYNAMIC LEG EXTENSION

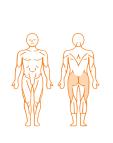


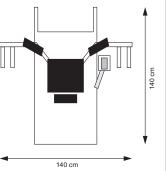




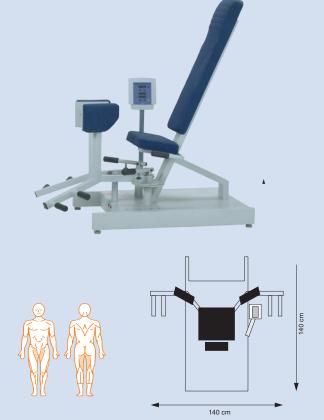
## 1455929 EN-DYNAMIC ABDUCTION







# 1455928 EN-DYNAMIC ADDUCTION

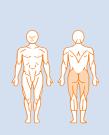


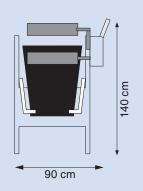
# **EN-DYNAMIC** LOWER EXTREMITY



# 1455932 EN-DYNAMIC SEATED LEG CURL





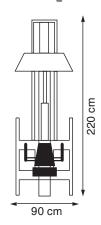




# 1455933 EN-DYNAMIC SEATED LEG PRESS



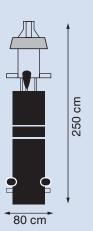




# 1455935 EN-DYNAMIC SQUAT





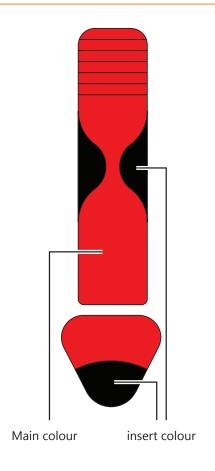


### **MDD OPTIONAL COLOURS**

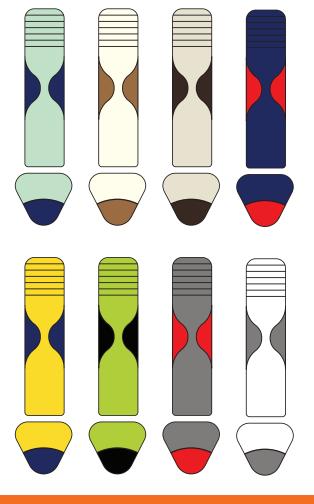
A matching EN-Dynamic for every interior. As in other practices, a pleasant ambience is important in physiotherapy practices. Clients must feel comfortable in the room where they are being treated. As each practice is furnished differently and has its own colour scheme, we regard it as important for the EN-Dynamic to fit in with your look and feel. That is why we can manufacture the EN-Dynamic in several upholstery colours.

# UPHOLSTERY Colour Code White F6413046 F6413050 Brown Lemon green F6413054 Signal red Light beige F6413047 Chocolate brown F6413051 Jade F6413055 F6413048 Beige Black F6413052 F6413056 Royal blue F6413049 Birch brown Platinum Corn yellow F6413057

The standard colour for the EN-Dynamic equipment is 'royal blue" (code "F6413056" in the above colour scheme) for both the main and the contrasting colour. The standard colour of the fixation rolls is royal blue, however they can be ordered in black.



### **EXAMPLES**





## STANDARD COLOURS

- Upholstery main colour:
- Upholstery insert colourFixationrolls:

royal blue F6413056 royal blue F6413056 royal blue



## **OPTIONAL COLOURS, EXAMPLE 1**

- Upholstery main colour:
- Upholstery insert colourFixationrolls:

signal red F6413058 black F6413052 black



## **OPTIONAL COLOURS, EXAMPLE 2**

- Upholstery main colour:
- Upholstery insert colour
- Fixationrolls:

chocolate brown F6413051 brown F6413050

black

# **OPTIONAL COLOURS, EXAMPLE 3**

- Upholstery main colour:
- Upholstery insert colour:
- Fixationrolls:

corn yellow F6413057 royal blue F6413056 royal blue







### ORDER DATA AND TECHNICAL SPECIFICATIONS

, , , , , , , , , , , , , , , , , , , ,		120 kg
	0x90x140 cm	
1455925 EN-Dynamic Leg Extension 0-100x10 N (kgf) 140x		105 kg
1455932 EN-Dynamic Seated Leg Curl 0-70x10 N (kgf) 140x	)x90x140 cm	105 kg
1455929 EN-Dynamic Abduction 0-60x10 N (kgf) 140x	0x140x140 cm	85 kg
1455928 EN-Dynamic Adduction 0-60x10 N (kgf) 140x	0x140x140 cm	85 kg
1455933 EN-Dynamic Seated Leg Press 0-200x10 N (kgf) 220x	)x90x140 cm	105 kg
1455935 EN-Dynamic Squat 0-200x10 N (kgf) 250x	)x80x150 cm	265 kg
1455921 EN-Dynamic Chest Press 0-120x10 N (kgf) 135	5x105x140 cm	100 kg
1455923 EN-Dynamic Pull Down 0-80x10 N (kgf) 140x	0x120x180 cm	105 kg
1455927 EN-Dynamic Shoulder Press 0-60x10 N (kgf) 140x	0x120x180 cm	135 kg
1455926 EN-Dynamic Rowing 0-100x10 N (kgf) 120x	)x90x115 cm	100 kg
1455934 EN-Dynamic Triceps Dips 0-100x10 N (kgf) 130	)x72x140 cm	96 kg
1455930 EN-Dynamic Fly 0-65x10 N (kgf) 130	0x120x140 cm	100 kg
1455922 EN-Dynamic Low Back Trainer 0-80x10 N (kgf) 190x	0x90x130 cm	120 kg
1455924 EN-Dynamic Abdominal Trainer 0-80x10 N (kgf) 160x	)x90x140 cm	120 kg
1455936 EN-Dynamic Rotator 0-60x10 N (kgf) 135	5x95x108 cm	85 kg

### **OPTIONAL ACCESSORIES**

1411800 EN-Dynamics installation kit 3444668 Compressor for EN-Dynamic

1455940 Range of Motion limiter EN-Dynamic Squat







1455940

### OTHER PRODUCT THAT MIGHT INTEREST YOU

The EN-Track concept gives you full control over the active rehabilitation process, ensuring optimum treatment at all times. Training schemes can easily be compiled using the training recommendations already preprogrammed in the EN-Track.

### **ORDERING DATA**

1411801 EN-Track installation kit

Also see the seperate product leaflets at **WWW.ENRAF-NONIUS.COM/REHABILITATION** 

